

Peace



“Peace begins with kindness, with listening, and with seeing each person as a gift from God.”
Pope Leo XIV

CATHOLIC SOCIAL TEACHING

- ✓ Common Good
- ✓ Human Dignity
- ✓ Subsidiarity

SCRIPTURE LINK

John 14:27

“Peace, I leave with you; my peace I give you.”

INQUIRY QUESTION

Why do you think the world needs peace?
In what ways can your school spread peace by taking part in Socktober?



HEAD

- What does peace mean?
- What helps people feel safe and happy?
- What makes a peaceful classroom?



HEART

- Malawi is a country in Africa often called “The Warm Heart of Africa” because of the kindness and hospitality of its people.

Many communities continue to face challenges such as:

- poverty
- limited healthcare
- food insecurity
- access to education

Discuss how communities might maintain their faith and hope in these circumstances.



READ...

Read ‘I Am Peace’ and draw or write about a time you felt peaceful. Share your reflections with a partner or small group.

SCAN THE QR CODE



WATCH...

Watch ‘All About Me: A Childhood in Malawi’. Then, reflect on what brings peace to your own life.

SCAN THE QR CODE



LISTEN...

Listen to ‘Peace All Around’. This colorful and fun music video teaches kids about kindness, friendship, and living in harmony with others. Through simple words, cheerful melodies, and positive actions, children learn that peace begins with small acts of love and sharing.

SCAN THE QR CODE



HANDS

- Have students complete small acts of kindness throughout the week to help create a more peaceful classroom and school community.
- Create a ‘Peace Tree’. Every time a student completes an act of kindness, they add:
 - a leaf
 - heart
 - dove
 - handprint

By the end of the week the display becomes full of peaceful actions.

