

SOCKTOBER CHALLENGE

Mission Pack 6: Sport and Games



"Sport is not only a form of entertainment, but also – and above all I would say – a tool to communicate values that promote the good that is in humans and help build a more peaceful and fraternal society."

Pope Francis, 2016



- Read Pope Francis' quote above. How is this reflected in your school? Where do you see it reflected in sports clubs and associations?
- Identify and research three examples of athletes displaying the true spirit of sport. 🏆
- Identify the six principles of Sport at the Service of Humanity. Where do these appear in your favourite sport or game?



- Read the scripture from Phillipians 2:3. What are we being asked to do when we put the needs of others first? How does this relate to sport?
- Read about Pope Francis' experience as a boy playing soccer in Buenos Aires. How does this connect him to children around the world, like in Thailand?
- Write about a time when you were a good sport. Write about a time when someone was a good sport to you. 🏆



- What's your favourite sport or game? Teach a sibling or friend how to play the game. 🏆
- Invite your family to join you in a game of soccer, and teach them a skill you've learnt during Socktober. If you have made one, use your sockball! 🏆
- Share your Socktober Star page with friends and family and ask them to pledge a sponsorship for the goals you will kick on your event day. Don't have a page? Create one today and tell your story at socktober.org.au.

KEY: 🏆 Goals for this Mission Pack

Scripture Reflection:

Philippians 2:3

"Do nothing from selfish ambition or conceit, but in humility regard others as better than yourselves."

St Paul wants to remove the focus from self to others. By putting the needs of others first, believers pursue the kind of humility that leads to mutual love and unity.

Catholic Social Teachings

- **Solidarity** - God created all people, so we are all brothers and sisters in God's family wherever we live.
- **Dignity of the Human Person** - God made each person, so every life is important and should be protected.
- **Common Good** - A true community is one where the common good is reached when we work together to better the wellbeing of all people in our community and the wider world.



Additional Activities

Primary



- Pope Francis said football teaches three lessons that can promote peace and solidarity around the world: the need to train and work hard to reach goals; the importance of fair play and teamwork; and the need to respect and honour opponents. Have you experienced or seen examples of this?
- What is the motto of the Olympic Games? What do these words encourage athletes to do? Does your school have a motto? How do you see it lived each day in your community?
- Is the motto of the Paralympics the same as the Olympic Games? Research someone who is a Paralympian and write five key parts of their story.
- Read about the Special Olympics and the impact this has on the lives of those involved.
- Visit the Sport at the Service of Humanity website and read about the Declaration of Principles. Can you recall examples of how these have been reflected in the global and national sporting events? What about examples in your own lived experience?
- In 1868 a team of Australians travelled overseas to England. Who was this team and what sport did they play?
- With your family, listen to Nelson Mandela's speech at the Laureus Awards for Sport, 'Sport has the power to change the world'. Do you all agree with this statement? Explain your responses.
- Watch the Invictus trailer – What were Mandela's goals for South Africa? How did he lead by example? How did sport unite the people of South Africa?
- List all the sports you know. Would you include dance? If not, why? Ask your friends and family their response.
- '*Australians have a win-at-all-costs approach to sport.*' Suggest this as a debate/discussion topic for your class. Discuss this with your family – what are their thoughts on this statement?
- Who is your favourite sports star? What qualities do they have that you admire? You work for a Junior Sports Magazine and have been asked to interview your peers and ask them the questions above. You can add extra questions if you'd like. Find a creative way to share your interviews.
- Does your favourite team have a song? What do the words mean?
- Invite your friends to bring their sockballs at play time. Challenge each other and see who can do the most knee ups and can juggle it the longest on their foot or knee.
- What games do your Preps/Kindies like to play? Survey the Prep/Kindy classes to find out. What games do you think the children at the Good Shepherd Sisters Kindergarten like to play?

Sounds of Socktober

Recommended tracks to listen to in class or at home this week:

- You'll Never Walk Alone – Oscar Hammerstein and Richard Rogers
- Chariots of Fire - Vangelis
- Gonna Fly Now (Theme from Rocky) – Bill Conti, Ayn Robbins
- Eye of the Tiger – Survivor
- C'mon Aussie, C'mon – Allan Johnston
- Up there Cazaly – Mike Brady
- Simply the Best – Tina Turner
- Holy Grail – Hunters and Collectors



Additional Activities

Secondary



- Watch the clip about the six guiding principles from Sport at the Service of Humanity: <https://vimeo.com/188108277>
- Design a flag that reflects the Common Good and incorporates the four SDGs above.
- Create your own unique soccer game with its own rules and invite your family and friends to play. Share this with your teacher and peers at school.
- You've been invited to choose a theme song for Socktober. What song would you choose? Or you could rewrite the words of a well-known song to reflect the story of the Good Shepherd Sisters' Kindergarten in Bangkok.
- Catholic Mission needs you! What would it mean to be a Mission Ambassador? How would you explain this to your friends? How could you invite others to join you?
- Watch the movie *The Merger* – a story about a small country town with an Aussie Rules team who recruits refugees new to the area as players. What are the challenges faced by the new players? How does the team help each other overcome these challenges?
- Australians have a win-at-all-costs approach to sport.' Suggest this as a debate/discussion topic for your class. Discuss this with your family – what are their thoughts on this statement?
- Who is your favourite sports star? What qualities do you admire about them?

Additional Resources

- A** Play by the Rules ✨
- A** Sports Give Hope to the World's Most Vulnerable – Karina LeBlanc ✨
- A** 'Changing Communities. Changing Lives.' (AIS) ✨
- A** Australia: Great Sporting Land ✨
- A** Famous Aboriginal Athletes ✨
- P** Traditional Aboriginal Games ✨
- P** Home Ground & The Lion Roars – Alan Gibbons
- P** Boy Overboard – Morris Gleitzman
- S** The third man: The forgotten Black Power hero – James Montague (CNN) ✨
- S** Football Against the Enemy – Simon Kuper
- S** 'Chariots of Fire', directed by Hugh Hudson



KEY

- A** All
- P** Primary
- S** Secondary



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